OPPT continues to closely monitor the COVID-19 virus.

OPPT locations are operating within the recommended CDC guidelines and remain open at this time to meet the needs of our patients.

If you are showing any sign of COVID-19 symptoms (cough, fever, shortness of breath), contact your local health care provider and please do not enter the clinic.

If you have traveled out of the country within the past two weeks please do not enter.

**Visitor Restrictions**

Please consider coming alone to your appointment. If that is not possible, please limit to one person accompanying you.

**Masks and Face Coverings**

The CDC highly recommends wearing a mask or face covering during the Covid-19 pandemic. OPPT recommends patients wear a face covering when attending physical therapy; however it is not mandatory.